

# THE MASK FIT TESTING SERVICE NEWSLETTER

*November*  
2024

***Welcome to our November Newsletter!***

As we see an increase in patients being cared for with Covid and other infections such as influenza, mpox and flu, it is a reminder that following our Infection Prevention and Control measures and trust policies, to help protect our vulnerable patients and keep our colleagues safe, is a must!

The safest way to do this is by wearing the correct PPE.

It's a Must Do for all staff to have their FFP3 mask fit test redone every two years (or sooner if you gain or lose weight, or have dental work done).

New starters that fit the criteria will also need to be fit tested, as they start work - check with us if you are in this category!

With the new remodeled Fit testing service that has been rolled out, you will more likely be fit tested by one of your colleague's.

We have already trained and welcomed existing staff to be fit testers, we will be supporting them as they start testing their colleagues.

To ensure this service is available for all, it is paramount that **managers nominate** more staff to be trained, as soon as possible, so the compliance remains at an acceptable level.

If you would like to add fit testing to your skills, please ask your manager to nominate you for the training.

Contact: [jackie.warren2@nhs.net](mailto:jackie.warren2@nhs.net) Or [elft.fittesting@nhs.net](mailto:elft.fittesting@nhs.net)

## **Do we still have a Fit testing service in ELFT?**

Yes ELFT is providing a fit testing service for the safety and comfort of their staff.

## **How do I get a Mask Fit Test done?**

You can either speak to your manager and find out who the nominated tester is for the team, or contact us, as below:

Email either [jackie.warren2@nhs.net](mailto:jackie.warren2@nhs.net) Or [elft.fittesting@nhs.net](mailto:elft.fittesting@nhs.net)

