



**East London**  
NHS Foundation Trust  
**Information Governance**  
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15 October 2024

**Our reference: FOI DA5608**

I am responding to your request for information received 19 September 2024 and clarified on 24 September. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:**

**Question 1:** How many children (under18) have been referred to CYMPHS/CAMHS in the last five years - (Between April 6 - April 5)? Can you provide the total number of children referred for each year; 2019/2020, 2020/21, 2021/22, 2022/23 and 2023/24.

**Answer:** Please see table below:

<b>Financial Year</b>	<b>Number of Children and Young People (CYP) referrals to CYMPHS / CAMHS</b>
2018/19	10982
2019/20	12680
2020/21	13589
2021/22	19793
2022/23	19058
2023/24	19414
<b>Total</b>	<b>95516</b>

**Question 1a:** For each year, can you provide the number of children referred broken down by primary cause (such as, anxiety, depression etc.)

**Answer:** The Trust has reviewed question 1a of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

*(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.*

In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

**Question 2:** For children referred this year alone (Between April 6 - April 5 2023/24), how many received treatment?

**Clarification:** The breakdown of primary diagnosis also applies for Q2.

**Answer:** 17020 CYPS that were referred between April 6 2023 – April 5 2024 received treatment.

Section 40 for the FOI Act states:

*(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.*

In order to provide the breakdown of information as requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

**Question 2a:** Between April 6 - April 5 2023/24, how many referrals to CAMHS were either deemed inappropriate or rejected?



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Answer: 1284 CAMHS referrals were deemed inappropriate or rejected in the period between April 6 2023 – April 5 2024.

**Question 2b: Between April 6 - April 5 2023/24, what was the average and maximum waiting times for CAMHS treatments from referral to first appointment?**

Answer: The Trust has reviewed question 2b of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust is not able to report on waiting lists retrospectively and is therefore unable to provide a response.

**Question 2c: Between April 6 - April 5 2023/24, how many CAMHS patients were sectioned?**

Answer: 204 CAMHS patients were detained under the Mental Health Act in the period between April 6 2023 – April 5 2024.

**Question 3: As of September 2024, how many children and adolescents are on the waiting list for CAMHS?**

Answer: Currently, the number of children and young people waiting for assessment are 1707 in total.



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