



East London
NHS Foundation Trust
Information Governance
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28 October 2024

Our reference: FOI DA5648

I am responding to your request for information received 14 October 2024. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: For your adult eating disorder service in 2024 what were the BMI of inpatients and community patients with an eating disorder at the time they were discharged?

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

The Trust does not have an inpatient ward for eating disorder services.

Question 2: For your adult eating disorder service in 2024 how many inpatients and community patients with an eating disorder were discharged with a BMI of under 15?

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

The Trust does not have an inpatient ward for eating disorder services.

Question 3: For your Children's eating disorder service what was the weight for height percentage of inpatients and community patients with an eating disorder at the time they were discharged?

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

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The Trust does not have an inpatient ward for eating disorder services.

Question 4: For your Children's eating disorder service in 2024 how many inpatients and community patients with an eating disorder were discharged at a weight for height of less than 75 ?

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

The Trust does not have an inpatient ward for eating disorder services.

Question 5: At point of discharge if patients had a BMI of under 15, or equivalent to weight for height of less than 75, where were your patients discharged to? (for both adults and children)

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

The Trust does not have an inpatient ward for eating disorder services.

Please note: neither Bedfordshire and Luton nor East London Eating Disorders Teams would discharge young people with a BMI of under 15 or equivalent to weight for height of less than 75. Neither team would discharge until the young person was appropriately weight restored. The young person would receive an intensive package of care in the Eating Disorder Intensive Pathway (EDIP) in East London and within the Eating Disorders Team in Beds and Luton.

Question 6: In your adult and children's eating disorder service what treatment is offered to inpatient and community patients who had a BMI of under 15, or equivalent to weight for height of less than 75?

Answer: The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:



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The Trust does not have an inpatient ward for eating disorder services.

Please note - Young people receive a multi-disciplinary holistic package of care under the EDIP pathway in East London, and in Bedfordshire and Luton within the core Eating Disorder pathway or the newly established Eating Disorder Intensive Day and Virtual Service (previously the service had the Home Intensive Treatment Team in place).

Treatment includes regular nursing and dietetic input, meal support, admission to medical ward if medical stabilisation or refeeding support is required, Weekly psychiatric and paediatric review input, family and parenting support and therapy.



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