



East London
NHS Foundation Trust
Information Governance
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20 December 2024

Our reference: FOI DA5614

I am responding to your request for information received 30 September 2024 and clarified on 25 October. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: Under the Freedom of Information Act 2000, I request the following information for the past year 2023/24 concerning the East London NHS Foundation Trust's Child and Adolescent Mental Health Services (CAMHS)

Question 1: The average and maximum waiting times for routine treatment with CAMHS Eating Disorder Services

Answer: Average waiting time for routine treatment: 35 days.

Maximum waiting time for routine treatment: 244 days.

Please note: CYP Eating disorder services started back April 2016, the clock stopping definition was second face to face contact. During the Covid pandemic, our clinics started to offer virtual assessment via video link and NHSE agreed that the clock could be stopped at second direct contact (face to face/video). On 3 December 2021 NHSE issued updated clock stopping guidelines, the updated clock stop definition is first direct contact with SNOMED codes. The data provided is based on the clock stopping at second face to face contact definition.

Question 2: The average and maximum waiting times for urgent treatment with CAMHS Eating Disorder Services

Answer: Average waiting time for urgent treatment: 11 days.

Maximum waiting time for urgent treatment: 30 days. (Data quality issues) and referral received during the Covid period.

Please note: CYP Eating disorder services started back April 2016, the clock stopping definition was second face to face contact. During the Covid pandemic, our clinics started to offer virtual assessment via video link and NHSE agreed that the clock could be stopped at second direct contact (face to face/video). On 3 December 2021 NHSE issued updated clock stopping guidelines, the updated clock stop definition is first direct contact with SNOMED codes. The data provided is based on the clock stopping at second face to face contact definition.

Question 3: In 2023/24, how many patients waited 0-4 weeks for treatment?

Answer: 226 patients waited 0-4 weeks for treatment.

Question 4: In 2023/24, how many patients waited 4-8 weeks for treatment?

Answer: 38 patients waited 4-8 weeks for treatment.

Question 5: In 2023/24, how many patients waited 8-12 weeks for treatment?

Answer: Seven patients waited 8-12 weeks for treatment.

Question 6: In 2023/4, how many patients waited 12-16 weeks for treatment?

Answer: One patient waited 12-16 weeks for treatment.

Question 7: In 2023/24, how many patients waited 16-20 weeks for treatment?

Answer: Zero patients waited 16-20 weeks for treatment.

Question 8: In 2023/4, how many patients waited 20-24 weeks for treatment?



Answer: Zero patients waited 20-24 weeks for treatment.

Question 9: In 2023/24, how many patients waited 24-52 weeks for treatment?

Answer: One patient waited 24-52 weeks for treatment.

Question 10: The longest waiting time for anyone on the list for urgent treatment in 2023/24?

Clarification: to clarify that this means the longest wait time for anyone that was seen in 2023 / 24.

Answer: The longest waiting time for urgent treatment was 24 days.

Question 11: The longest waiting time for anyone on the list for urgent treatment in 2023/24?

Clarification: to clarify that this means the longest wait time for anyone that was seen in 2023 / 24.

Answer: The longest waiting time for urgent treatment was 24 days.

Question 12: The total number of children and adolescents on the waiting list for CAHMS Eating Disorder services at the current time?

Answer: Currently, there are thirteen children and adolescents on the waiting list for CAMHS eating disorder service.

Question 13: In 2023/24, how many new referrals for CAMHS Eating Disorder Services were received?

Answer: 384 referrals were received for CAMHS Eating Disorder Services in 2023/24.

Question 14: In 2023/24, how many patients were readmitted to CAMHS Eating Disorder Services after being previously discharged?

Answer: 63 unique patients were readmitted to CAMHS Eating Disorder Services. There was a total of 69 readmissions.

Question 15: How many of these readmissions were of patients who were discharged less than a year ago?

Answer: 51 of these readmissions were discharged less than a year ago.

Question 16: How many of these readmissions were of patients who were discharged less than three years ago?

Answer: 65 of these readmissions were discharged less than three years ago.

Question 17: How many of these readmissions were patients being admitted to CAMHS Eating Disorder Services for the third time?

Answer: Ten patients were readmitted for the third time.

Question 18: How many of these readmissions were patients being admitted to CAMHS Eating Disorder Services for the fourth time?

Answer: Two patients were readmitted for the fourth time.



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Question 19: How many referrals to CAMHS Eating Disorder Services were refused in 2023/24?

Answer: Fourteen referrals to CAMHS Eating Disorder Services were refused in 2023/24.

Question 20: How many patients started inpatient treatment with CAMHS Eating Disorder Services in 2023/24?

Answer: The Trust has reviewed question 20 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not have an inpatient treatment facility for CAMHS Eating Disorder Services and is therefore unable to provide a response.

Question 21: How many patients started outpatient treatment with CAMHS Eating Disorder Services in 2023/24?

Answer: 277 patients started outpatient treatment for CAMHS Eating Disorder Services in 2023/24.

Question 22: How many patients were discharged from outpatient treatment with CAMHS Eating Disorder Services in 2023/24?

Answer: 468 patients were discharged from outpatient treatment for CAMHS Eating Disorder Services in 2023/24.

Question 23: How many patients were discharged from inpatient treatment with CAMHS Eating Disorder Services in 2023/24?

Answer: The Trust has reviewed question 23 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not have an inpatient treatment facility for CAMHS Eating Disorder Services and is therefore unable to provide a response.

Question 24: How many patients were discharged from CAMHS Eating Disorder Services in 2023/24?

Answer: 468 patients were discharged from CAMHS Eating Disorder Services in 2023/24.

Question 25: How many patients were discharged from CAMHS Eating Disorder Services in 2023/24 with a BMI of under 18.5?



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Answer: The Trust has reviewed question 25 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 26: How many referrals of individuals with a BMI of over 18.5 were received by CAMHS Eating Disorder services in 2023/24?

Answer: The Trust has reviewed question 26 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 27: How many referrals of individuals with a BMI of over 18.5 were refused by CAMHS Eating Disorder Services in 2023/24?

Answer: The Trust has reviewed question 27 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 28: What was the lowest BMI of a patient discharged from CAMHS Eating Disorder Services in 2023/24?

Answer: The Trust has reviewed question 28 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.



In order to provide the information requested, it would be necessary to access patient records as the information is not held in a searchable format. There is no legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.



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