



East London

NHS Foundation Trust

Information Governance

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27 November 2024

Our reference: FOI DA5652

I am responding to your request for information received 16 October 2024. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

When an organisation receives a request for information under the Freedom of Information Act, it is allowed under the Act to apply a blanket exemption to this where it has concluded that providing a response would take in excess of eighteen hours.

When the cost of compliance and extracting information would exceed eighteen hours, a cost limit of £450 can be applied. This is explained in Section 12 of the Freedom of Information Act 2000 and is based on a rate of £25 per hour, regardless of the rate of pay of any individual involved in the retrieval of requested information, and equates to eighteen hours work.

Having reviewed your request, the Trust has noted that it would not be able to provide all the information requested within the eighteen hours specified in the Freedom of Information Act 2000. However, in this instance and to assist you, we have provided a partial response to your request as per below.

In order to assist you with your request, I have advised below the timing each question would take to help you to refine your request. If you wish to refine your request to comply with the eighteen hour time limit, please do get in touch.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113

Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Request: Please could I request the following information Under the Freedom of Information Act:

For each of the last three calendar years (2022, 2023, and 2024) could you please provide me with:

Question 1: The number of mental health patients who have been physically restrained;

Answer: Please see table below:

Year	The number of mental health patients who have been physically restrained;
2022	5712*
2023	5619*
2024- (to date 06/11/24)	3831*

* Please note figure includes restraints, de-escalation, segregation or seclusion

Question 2: The individual number of restraint incidents per patient on average;

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:

Section 12(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit

The Trust has reviewed your request for information and in order to collate this information, it would be necessary to manually review each recorded incident that was specifically related to restraints. This is estimated to take over eighteen hours to collate.

Question 3: The number that involved face-down restraint;

Answer: Please see table below:

Year	The number of restraint incidents involving face down restraint.
2022	527
2023	431
2024- (to date 06/11/24)	348

Question 4: The number of patient injuries as a result of any physical restraint;

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:



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Section 12(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit

The Trust has reviewed your request for information and in order to collate this information, it would be necessary to manually review all the incidents recorded. This is estimated to take over eighteen hours to collate.

Question 5: The number of staff injuries as a result of any physical restraint.

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:

Section 12(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit

The Trust has reviewed your request for information and in order to collate this information, it would be necessary to manually review all records and identify within the body of the report if staff sustained injuries. This is estimated to take over eighteen hours to collate.



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