



**East London**

NHS Foundation Trust

**Information Governance**

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20 December 2024

**Our reference: FOI DA5704**

I am responding to your request for information received 6 November 2024 and clarified on 7 and 21 November. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

When an organisation receives a request for information under the Freedom of Information Act, it is allowed under the Act to apply a blanket exemption to this where it has concluded that providing a response would take in excess of eighteen hours.

When the cost of compliance and extracting information would exceed eighteen hours, a cost limit of £450 can be applied. This is explained in Section 12 of the Freedom of Information Act 2000 and is based on a rate of £25 per hour, regardless of the rate of pay of any individual involved in the retrieval of requested information, and equates to eighteen hours work.

Having reviewed your request, the Trust has noted that it would not be able to provide all the information requested within the eighteen hours specified in the Freedom of Information Act 2000.

In order to assist you with your request, I have advised below the timing each question would take to help you to refine your request. If you wish to refine your request to comply with the eighteen hour time limit, please do get in touch.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator



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**Chair:** Eileen Taylor

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



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**Request:** I would like to request the following information about the provision of mental health support for babies, children and young people aged 0 to 25, in East London NHS Foundation Trust under the Freedom of Information Act.

For the purposes of this FOI, we define support for babies, children and young people aged 0 to 25 as services accessible to people in this age group, including services offered only to this age group. If you provide funding for adults and babies, children and young people, but do not have data to break this down between children and young people and adults, please specify. If you provide funding for services available to children and young people of different ages (such as services for 11–18-year-olds or services for early years) please specify. This can also include support to parents/carers to equip them to support their children's mental health.

**Clarification:** We are requesting the information in our FOI for the specific financial years mentioned - (2018/19; 2019/20; 2020/21; 2021/22; 2023/24).

**Clarification:** In our email, we requested information for each of the years (2018/19; 2019/20; 2020/21; 2021/22; 2023/24). I would like to make a correction to this request to include the year 2022/23, previously left out in error. We would like to request the information from our original FOI for each of the following years, (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24).

**Question 1:** What is your total budget and total spend for mental health support to babies, children and young people aged 0-25 for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24).

**Clarification:** to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.

**Answer:** The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to four hours to determine whether it is held.

**Please break down these figures into your spending and budget for the following three categories:**

**Question 2:** What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) for specialist services which we define as including, but not limited to; inpatient care, crisis and risk support (including day hospitals, home treatment teams and very specialist services), and specialist secondary care CAMHS. If East London NHS Foundation Trust provides other specialist services not listed, please list and include budget and spending figures. If you



**hold this data, please list figures broken down by type of specialist service.**

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to eight hours to determine whether it is held.

**Question 3: What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) for Community CAMHS which we define as NHS services delivered in the community, outside of specialist services (as defined above). If you hold this data, please list the types of service you provide under community CAMHS in East London NHS Foundation Trust and list budget and spending figures broken down by each service.**

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to one hour to determine whether it is held.

**Question 4: What is your total budget and total spend for each of the last five years (2018/29; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) on non-specialist services which we define as services delivered outside of NHS community mental health settings (formerly Tier 3) and inpatient settings (formerly Tier 4) – for children and young people. Within this definition we exclude signposting services and services that only provide referrals. If you hold this data, please list spending figures broken down by type of specialist service. This may include, but is not limited to, the following:**

**a) Social prescribing**



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- b) Bereavement services
- c) Peer support
- d) Mental Health Support Teams
- e) School counsellors, mentors, or pastoral or key support workers
- f) Educational psychologists
- g) Youth groups
- h) Wellbeing cafes or mental health drop-in services
- i) Youth information, advice and counselling services (YIACS)
- j) Early support and mental health hubs
- k) Advice line for mental health issues
- l) Support for parents who have children with poor mental health (please specify early years, 5-11, 12-18, 18 plus, if you hold the data).
- m) Targeted service(s) for LGBTQ+ children and young people; children and young people from minority ethnic / racialised communities; children in care and care leavers; for other underserved children and young people (please list).
- n) Targeted service(s) for children and young people on waiting lists for access to NHS mental health services (formerly tier 3)
- o) Art or music therapy
- p) Online support service / app
- q) Occupational therapy
- r) Specific services or approaches for underserved groups including minority ethnic children and young people, LGBT+ children and young people, children and young people with Special Educational Needs and Disabilities, young people at risk of criminal exploitation, etc.

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to eight hours to determine whether it is held.

**Question 5: If East London NHS Foundation Trust provides any additional non-specialist services not included in the above list, please list here, and include relevant budget and spending data in the above request for information.**

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:



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*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to two hours to determine whether it is held.

**Question 6: If your budget is pooled with another body i.e. neighbouring local authority, Police and Crime Commissioner etc, please specify.**

**Clarification: to clarify that what we mean is your total budget (commissioning budget envelope) and total spend as we recognise that you are commissioned to provide these services.**

Answer: The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(2) of the Freedom of Information Act 2000 states:

*Subsection (2) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.*

The Trust has reviewed your request for information and, in order to determine whether this information is held, it would be necessary for the Trust to review information from multiple areas, including raw data, as costs if held would be spread over multiple areas, systems and formats. This is estimated to take up to one hour to determine whether it is held.



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