

Job Description

CT1-3 in: **General Adult Psychiatry**

Clinical Supervisor: **Dr Iris Gibson**

Locality: **Newham**

Main Base: **The Newham Centre for Mental Health**

Team / Service: **CRT South / Sapphire Ward**

Address / Contact details:

The Newham Centre for Mental Health

Cherry Tree Way, Glen Road

Plaistow E13 8SP

Last updated: June 2018

Introduction & Summary

This job description is for a core training post in General Adult Psychiatry, working at The Newham Centre for Mental Health.

The post holder will spend on six months in this post, under the Clinical Supervision of Dr Iris Gibson, Consultant Psychiatrist,. The post is based on the female ward , Sapphire that covers admissions from the South Sector of Newham. There are 3 other Consultants who work in this sector and the post holder will also provide support for the female. patients under the care of Dr Babalola, Consultant Psychiatrist .

The post-holder will gain experience in assessment of both acute and severe and enduring mental illness and the diagnosis, treatment and management of these presentations. The ward work is as part of a multidisciplinary team , working with nurses, psychologist, Occupational Therapist, Pharmacist and other clinical support workers.

The post holder will also have support from the higher trainee in the team and work alongside a GP trainee and an FY1 trainee supervised by Dr Gibson.

Other opportunities available in this post are: Teaching and training of medical undergraduates that join the team from QMW, case presentation in local teaching programme, research opportunities with the Academic Unit for Social Psychiatry based at The Newham Centre for Mental Health.

There is also the opportunity to do some sessions in the Community Recovery team and to negotiate special interest work dependant on the interests of the trainee, clinical audit and quality improvement projects.

Brief description / profile of Clinical Supervisor

I am a Graduate of The London Hospital Medical College in 1993. I completed a BSc in Psychology while an undergraduate and published research in PTSD. I completed my postgraduate psychiatric training in London, and have worked in Newham since 1999, for 8 years as an Associate Specialist and 12 years as a Consultant, including working as a Consultant in Liaison Psychiatry at Newham University Hospital.

I have been involved in Medical Education, as The Royal College of Psychiatrists tutor for Core Psychiatric Trainees for 8 years, and I am an Educational Supervisor for CT1-3 Psychiatric trainees and FY1 Drs. I am an examiner in undergraduate OSCEs, involved in teaching and training of all grades of Psychiatrists and in simulation based learning courses at Barts , and I have been involved in the teaching and training of medical undergraduates throughout MY career.

I am also an Educational Supervisor to FY1 Trainees.

Educational Portfolio and Appraisal (London Deanery Framework) completed.

My interests are in Medical Education, Clinical Psychiatry, Community Psychiatry and in liaison work with primary care, and I am the lead consultant for the primary care and mental health interface with GPs in Newham, an exciting area for our service development. I am also interested in social aspects of Psychiatry and prevention and interventions we can develop to address improving the mental health of patients with long term medical conditions in collaboration with GPs.

The team (including staffing) / service description

The team members come from multiple disciplines with individual expertise. The In-patient team consists of:

Consultant Psychiatrists / Higher Trainee / CT1-3 Psychiatric Trainee / FY1.

Nursing Staff / OT/ Clinical Psychologist / Pharmacy / Admin Support/ Mental Health Act Office.

Chair: Marie Gabriel

Chief Executive: Dr Navina Evans

There are also staff from the Community Recovery team that are involved with the management of inpatients when their patients are admitted to provide continuity of care.

Wards interface with other teams including: Triage ward / Home Treatment Team/ RAID team(ED)/ Liaison Psychiatry in NUH/Early Intervention Service/ LD Service/ Social Services/Police liaison/Primary care to mention a few.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The post-holder will provide a clinical psychiatric service, including:

Clerking and continued assessment and management of patients on Sapphire ward at NCFMH.

Supporting the ward rounds and management rounds on Sapphire ward.

Liaising with the MDT around all aspects of patient assessment and management.

Participate in the on call rota for Newham

Preparation of discharge summaries

Management of Physical healthcare for patients on Sapphire ward.

The Core Trainee will provide medical care to

Any other specific characteristics of this job:

The trainee works closely with the other trainees on Sapphire and Opal wards.

Opportunity to take up a special interest session on liaison with Dr Gibson.

Primary care liaison experience possible.

Opportunity to become involved with QI project and Audit.

Participate in local teaching programme

Involvement in teaching and supporting medical undergraduates from QMW that join the team.

CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Dr Gibson Management ward round	Ward based work	Ward work / prepare for ward round	Dr Gibson ward round	Ward work ? special interest
PM	Ward work Clinical supervision	Ward work ? special interest	Local and Trust Teaching	Ward work	Ward work Clinical supervision

Clinical Supervisor Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Management ward round Supervision CT 1-3	CPAs in CRT South	Meetings/ Ward reviews/ admin	Ward round	OP Clinic
PM	Admin/ Education/ Clinical governance/ Tribunals	Sub team meeting Supervise ST4-6	Teaching	CRT/ Admin/ Meetings	Primary care meeting FY supervision Ward reviews