

# Job Description

CT1-3 in Forensic Psychiatry

Clinical Supervisor: Dr Sanjib Ghosh

Locality: Forensic

Main Base: John Howard Centre

Team / Service: Shoreditch Ward

Address / Contact details:
John Howard Centre,
12 Kenworthy Rd,
London, E9 5TD.

Last updated: 16/09/20

## **Introduction & Summary**

This job description is for a core training post in forensic psychiatry, working at the John Howard Centre.

The post holder will spend six months year in this post, under the Clinical Supervision of Dr Ghosh.

The post-holder will gain experience in

- Assessment of referrals of patients with intellectual disability to medium security, under supervision
- Admission assessments and summaries
- Day-to-day management of in-patients, including regular mental state examinations, reviews of prescribed medication, initiation of investigations
- Maintenance of comprehensive records
- Attendance at ward rounds and CPA Review Meetings
- Writing reports for CPA Review Meetings, Managers' Hearings, Mental Health Review Tribunals, the Ministry of Justice and the Parole Board
- Contribution to risk assessments
- Participation in the delivery of the therapy programme
- Liaison with the GP service and secondary services and joint management of physical health problems

The postholder will participate the in-house multidisciplinary training programme at the John Howard Centre for all staff, including a weekly Journal Club, twice-monthly clinical case presentations, Shoreditch wards own academic program, a monthly academic presentation, a Balint group and training for the CASC element of MRCPsych.

Undergraduates and postgraduates of different disciplines are often attached to the team, offering opportunities for formal and informal teaching.

CT 1-3s are encouraged to learn about forensic psychiatry in its wider context- there will be the opportunity to visit prison, attend court and visit a high secure hospital, such as Broadmoor Hospital.

## **Brief description / profile of Clinical Supervisor**

Dr Ghosh has been a Consultant Forensic Psychiatrist for 4 years. He is the local Regional Advisor for the Royal College of Psychiatrists.

He is a CASC Examiner, and lectures at Queen Mary University of London around forensic learning disability and autism.

He has a special interest in learning disability and autism.

# The team (including staffing) / service description

The team members come from multiple disciplines with individual expertise. As well as nursing staff including matron and nurse manager, the team consists of a clinical psychologist, OT, social worker and a SALT. We also share an art psychotherapist.

#### Role of the Core Trainee (1-3) / Main Duties and Responsibilities

1. The Core Trainee will provide medical care to approximately 14 male medium secure inpatients on Shoreditch ward, under Dr Ghosh's team.

2. Depending on experience and skills, the CT will assist Dr Ghosh in providing a forensic psychiatric service based on Shoreditch ward, for instance through assessment of referrals under Consultant Supervision.

## **CT1-3 Timetable**

This is an example with special interest/non-fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
	9am Handover 9.30am MDT Safety huddle	9am Handover 9.30am MDT Safety huddle	9am Handover 9.30am MDT Safety huddle	9am Handover 9.30am MDT Safety huddle	9am Handover 9.30am MDT Safety huddle
АМ	09:00-13:30 Monthly Ward Away Day 1st Monday of the month	9.45-13:00 Ward Round / Management Round	10.00-12.00 HCR-20 and Risk formulation Meeting (Monthly away day including Balint (1 hour) and CIG (2 hours).	Ward Work	Ward Work/Admin
PM	Ward Work/Admin	14.00-15.30 CPA Meeting 15.30-16.30 Clinical Supervision	JHC (weekly) & Trust (monthly) Academic Programme, including Journal Club and Balint Group	13:00-14:00 Ward Community Meeting (current) MRCPsych Training and/or Psychotherapy case	Ward Work/Admin

## **Clinical Supervisor Timetable**

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
АМ	Handover/Safety Huddle/Statutory clinical reviews /Clinical work/ Professionals and LD specific Meetings	Handover/Safety Huddle/Statutory clinical reviews Clinical Admin Ward round	Handover/Safety Huddle/Statutory clinical reviews Clinical Admin Risk Meeting Away Day/CIG	Handover/Safety Huddle/Statutory clinical reviews Consultant clinic on ward/ External Assessments and Referrals/S12 duty	Handover/Safety Huddle/Statutor y clinical reviews/Mental Health Review Tribunals/Manag er's Hearings/Court evidence
PM	LD referrals meetings/CTR and commissioner meetings	CPA Supervision	Academic Meeting Training scheme/Consultant meetings	CPD/ audit / clinical governance/Teaching (for LD service or QMUL)	CPD/Royal College of Psychiatrists work