

Job Description

CT1-3 in Adult in-patient psychiatry

Clinical Supervisor: Dr Kurt Buhagiar

Locality: Luton

Main Base: Crystal Ward, Luton and Central Bedfordshire Mental Health Unit

Team / Service: Adult in-patient

Address / Contact details: Luton and Central Bedfordshire Mental Health Unit, off
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Introduction & Summary

This job description is for a core training post in adult in-patient psychiatry working on Crystal ward, Luton & Central Bedfordshire Mental Health Unit.

The post holder will spend six months in this post. Experience will be gained in developing psychiatric formulations, assessing and managing acute psychiatric presentations with particular emphasis on the interaction between organic and functional components of psychiatric presentation, developing an understanding of risk assessment and formulation, and working collaboratively with other psychiatric and non-statutory teams as well as members from non-medical disciplines. Opportunities for conducting research, in collaboration with the Unit for Social and Community Psychiatry, Queen Mary University of London, will be available.

Brief description of Clinical Supervisor

The post will be supervised by Dr. Kurt Buhagiar, lead consultant psychiatrist for the Luton inpatient services. Dr. Buhagiar completed his training in psychiatry on the UCL/Royal Free Scheme within the London Deanery and has been a substantive consultant psychiatrist/trainer since 2013. He has an interest in phenomenology, the assessment and management of personality disorders, the social determinants of psychiatric illness and psychodynamic principles as they apply to routine clinical settings and is a trained Balint group leader. He is also a research-active clinician with an interest in psychopharmacology, social psychiatry and the interface between the two fields.

The team / service description

Crystal ward operates on Triage model of care for female patients requiring acute voluntary or involuntary inpatient admission. All female patients falling within within the catchment area of Bedfordshire are admitted to this single ward as a unique point of access into acute inpatient services. Early categorisation of patient needs subsequently permits an earlier development of the most appropriate interventions, optimising the purpose of the admission. Patients are eventually either discharged or admitted to a 'locality ward' for further treatment.

In addition to this post, the medical team consists of 1 WTE Consultant, 1 WTE Specialty Doctor, 1 WTE FY1/2 and 1 GPST.

Other team members come from multiple disciplines with individual expertise. The team consists of: 0.5 WTE modern matron who holds overall responsibility for the functioning of the team and services, 1 WTE ward manager, several Band 5 and 6 nurses, 1 WTE occupational therapist and occupational therapy assistant, 0.5 WTE clinical psychologist and 1 WTE assistant psychologist, and several clinical support workers.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The post holder will ensure that all new patients admitted under the team's care are fully assessed, including an assessment of their physical state, so that a preliminary formulation of the presenting problems and differential diagnoses are made, within 24hours of their admission as per Triage model of care. All inpatients should be reassessed as necessary and no less frequently than once per week, so that an update is made before each main ward round. Presentation of new admissions and patients' mental state during ward will be expected, which would be beneficial for patient care as well as to form the basis of informal discussions/teaching and WPBAs.

Training in communication and interview skills as appropriate to the clinical practice of psychiatry is available and will be tailored to the needs of the post holder. Further discussions will be held in

supervision. Focussed workplace-based assessments (WPBAs) will be conducted on the ward, interspersed with routine clinical work.

The trainee will maintain accurate, contemporaneous and useful clinical records for all patients on the electronic notes system RiO. Training will be provided at the start of the post. Electronic prescribing using a JAC will also be conducted, and appropriate training likewise provided.

Supervision for one hour is held every week usually on a Friday, although this is flexible. In addition to the specific needs of the trainee, given the interests of the trainer, there is a focus on phenomenology and psychodynamic concepts as they apply to routine clinical work outside the psychotherapeutic settings.

The trainee is expected to maintain an up-to-date learning portfolio which would be reviewed periodically during supervision. Initial, mid-term and the end of the placement reviews will be conducted. Full participation in WPBAs will be expected and feedback will be used to inform critical self-awareness and development.

Participation in the weekly academic programme held on Wednesdays, including psychotherapy supervision, Balint group discussions and journal club/clinical case presentations would be expected. The MRCPsych teaching programme is held on Tuesday afternoon, for which the trainee will be released from clinical duties.

Opportunities may arise to contribute to Mental Health Act Tribunal report writing, and observe Tribunals under the direct supervision of the trainer. This would be of particular interest to CT3s as they are approaching higher training.

There are also opportunities to lead on a research idea, with the aim of submitting a paper for publication, should the trainee have academic inclinations.

CT1-3 Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	9:00 MDT meeting / safety huddle / handover 9:30 Patient discussion 10:00 Patient reviews	9:00 MDT meeting / safety huddle / handover 9.30 Patient reviews	Self-directed learning Psychotherapy supervision / Balint group	9:00 MDT meeting / safety huddle / handover 9.30 Patient reviews	9:00 MDT meeting / safety huddle / handover 9:30 Patient discussion 10:00 Patient reviews
PM	13:30 Ward work / patient reviews / informal teaching	MRCPsych teaching	13:30 Local academic programme	13:30 Ward work / patient reviews / informal teaching	13:30 Ward work / patient reviews / supervision

Clinical Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	9:00 MDT meeting / safety huddle / handover 9:30 Patient discussion 10:00 Patient reviews	9:00 MDT meeting / safety huddle / handover 9.30 Patient reviews	Research day – off site Ward cover provided by Specialty doctor; Trainer available by phone / email	9:00 MDT meeting / safety huddle / handover 9.30 Patient reviews	9:00 MDT meeting / safety huddle / handover 9:30 Patient discussion 10:00 Patient reviews
PM	13:30 Ward work / patient reviews / admin	13:30 Ward work / patient reviews / admin		13:30 Ward work / patient reviews / admin	13:30 Ward work / patient reviews / supervision / admin / appraisals