

# Job Description

CT1-3 in General Adult Psychiatry

Clinical Supervisor: Dr Seanna Eisenhandler

Locality: Luton

Main Base: Calnwood Court

Team / Service: Luton and South Bedfordshire Crisis  
Resolution Home Treatment Team

Address / Contact details:

Calnwood Court

Calnwood Road

Luton LU4 0LX

Last updated: May 2020

## **Introduction & Summary**

This job description is for a core training post in general adult psychiatry, working for the Crisis Resolution Home Treatment Team based in Luton.

The post holder will spend six months in this post, under the Clinical Supervision of Dr Seanna Eisenhandler.

## **Brief description / profile of Clinical Supervisor**

Dr Eisenhandler is an experienced clinical and educational supervisor who has been working at Luton and South Bedfordshire CRHT since 2015. Prior to this she had experience working as a consultant crisis team and CMHT psychiatrist in Tower Hamlets, East London. She has extensive training experience both as an educational and clinical supervisor, she has also worked as college tutor in both Tower Hamlets and Luton, and as Associate Director of Medical Education for psychiatry in Luton and Bedfordshire. She is a CASC examiner.

## **The team (including staffing) / service description**

Luton and South Bedfordshire CRHT offer home treatment as an alternative to hospital admission for adults who have acute and severe mental illness. We work with many different agencies and get referrals from a number of different sources, both within healthcare, from individuals and families, and from other support agencies. The main sources of referral are the adult in patient wards, primary care, CMHTs, psychiatric liaison, addictions services and primary care psychology. You will have the opportunity to work closely with members of our multidisciplinary team, including the team psychologist, social workers and nurses. You will also be supported by the other doctors in the team – we have another consultant and an associate specialist permanently based in the team as well as a specialty trainee.

## **Role of the Core Trainee (1-3) / Main Duties and Responsibilities**

The post-holder will provide a clinical psychiatric service, including assessing new referrals and drawing up biopsychosocial care plans, assessing the response to treatment of existing patients, and will get ample experience of writing comprehensive risk assessments. You will also get experience of planning and writing appropriate referrals to other services, for example to both primary and secondary care psychology, to CMHTs and for admission to in patient wards. You will be expected to contribute to our twice weekly comprehensive multidisciplinary team meetings where we discuss each patient in detail and formulate appropriate care plans. You can also have experience of presenting to and chairing meetings under consultant supervision. The team has an educational programme which you will be expected to contribute to and you will also be expected to join/lead QI projects within the team.

## CT1-3 Timetable

This is an example but is negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	9am-10am – handover 10am onwards – clinical work	9am-11am – Luton MDT 11am onwards – clinical work	9am-10am – handover 10am-12 - admin	9am-11am – South Beds MDT 11am onwards – clinical work	9am-10am handover 10am – 12pm – clinical work
PM	12 – 4pm – clinical work/ admin tasks  4-5pm – clinical supervision with Dr Eisenhandler	12pm-5pm – clinical work/admin/QI  Or MRCPsych course	12pm-2pm – Case Based Discussion Group/ psychotherapy supervision 2pm – academic programme/CPD	12pm-5pm clinical work/admin/QI Or MRCPsych course	12pm-5pm – clinical work/ admin/ QI