

Job Description

CT1-3 in General Adult Psychiatry - Inpatients
Clinical Supervisor: Dr Micol Ascoli/Guy Thompson
Locality: Bedfordshire
Main Base: Willow Ward, Oakley Court, Luton

Angel Close, Luton LU4 9WT
01582498946

Last updated: 27/04/2020

Introduction & Summary

This job description is for a core training post in Psychiatry – General Adult Inpatients working at Willow ward, Oakley Court, Angel Close, Luton LU4 9WT.

The post holder will spend one year in this post, under the Clinical Supervision of the dedicated inpatients Consultant Psychiatrist, Dr Micol Ascoli.

The post-holder will gain experience in:

- Assessment, differential diagnosis and treatment of a variety of severe and enduring, acute and chronic psychiatric conditions requiring inpatients treatment
- The practical application of the Mental Health Act in clinical settings
- Safe, effective and cost effective psychotropic prescribing
- Clinical risk assessment
- Assessment and treatment of psychiatric emergencies
- Providing medical leadership in a multidisciplinary team
- Liaising with available community resources and mental health services
- Clinical documentation

Other opportunities are for teaching, training and supporting medical students, non medical prescribers, junior nurses and junior trainees, as well as research and special interest.

Brief description / profile of Clinical Supervisor

Dr Micol Ascoli is a consultant psychiatrist, a cultural psychiatrist and a trained systemic and psychoanalytic psychotherapist who has been working at consultant level since 2002, first in Italy and then in the UK. She is visiting professor at the University of Bergamo in Italy and she teaches at the Milan Centre for Family Therapy. She has published several articles, mainly in the field of cultural psychiatry, in international peer reviewed journals. She has been one of the founding members of the World Association of Cultural Psychiatry. She is the associate clinical director for inpatients services in Bedfordshire and Luton. Her experience includes: acute inpatients psychiatry, psychiatric rehabilitation, psychiatric liaison, psychiatric intensive care, psychotherapy, community psychiatry, cultural consultation, medical education, mentoring, teaching and supervision.

The team (including staffing) / service description

The team members come from multiple disciplines with individual expertise. The team, lead by the Consultant Psychiatrist, consists of:

- Unit Matron
- Ward Manager
- Occupational therapist
- Psychologist
- Ward doctors (senior trainee, FY1/2, GP trainee according to rotation)
- Nursing staff
- Support staff
- Pharmacist

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The Core Trainee will provide medical care to an 11 bedded adult acute female unit (Willow ward).

Duties of the job include:

Chair: Mark Lam

Chief Executive: Paul Calaminus

- Providing thorough and high quality medical care to the patients admitted to the ward
- Clerking in of new patients
- Case presentations in ward round
- Taking ward rounds, professional meetings and other meetings minutes
- Ensuring and keeping high standards of clinical documentation in the electronic record system (RiO)
- Regularly reviewing patients' mental states and risk assessments
- Producing thorough, accurate and timely discharge summaries
- Safe, effective and cost effective prescribing
- Ensuring the set ELFT standards for physical health care in the inpatients wards are met
- Providing medical leadership to the multidisciplinary team
- Participating in the daily discharge and safety huddle
- Leading on the weekly physical health huddle
- Producing written reports as and when required, under supervision
- Cross-covering for other medical colleagues when necessary
- Engaging in career planning and fulfilling the training requirements for the placement
- Attending local and trust wide academic teaching
- Participating and leading in audit and quality improvement
- Attending regular weekly supervision with the consultant psychiatrist
- Working collaboratively with other medical members of the team, ensuring a continuous high quality service to the patients
- Liaising with local GPs and the local hospital to meet any physical health needs of the patients
- Taking part in the first tier on call rota
- Responding to rare medical emergencies on the ward

Any other specific characteristics of this job

Willow ward is an adult, acute, female unit with 11 beds. Patients admitted to the ward have a range of diagnoses, including psychoses, affective disorders, PTSD and personality disorders. These require a strong advocacy ethos, excellent skills in empathetic communication and a focus on patients' empowerment and carers' involvement.

A special interest or skills in any of the following areas would be especially welcome and will make this placement a very significant experience during training: women's mental health, PTSD, trauma and victimisation, personality disorders, psychodynamic understanding and formulation of the patients' problems, patients' and carers' involvement.

CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Management ward round	Ward round	Ward work	Ward work	Ward round
PM	Supervision Admin work	MRCPsych teaching	Local academic teaching, CPD, special interest	Ward work	Ward work Audit QI

Clinical Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Management ward round	Ward round	Management work	N/A	Ward round
PM	Supervision Admin work	Ward round	CPD/special interest	N/A	Administration, QI, Audit