

Job Description

CT1-3 in Learning Disabilities

Clinical Supervisor: Dr Shakeel Islam

Locality: Bedfordshire and Luton

Main Base: Twinwoods Resource Centre

Team / Service:

Services for People with Learning Disability (SPLD)

Address / Contact details:

Twinwoods Clinical Resource Centre

Milton Road, Clapham

Bedfordshire

MK41 6AT

Tel: 01234 310 589

Last updated: 09/07/2020

Introduction & Summary

The following job description is for a Core Psychiatry Training post in Learning Disability (also known as Intellectual Disability) working at the Services for People with Learning Disability (SPLD), based at Twinwoods Clinical Resource Centre.

The post holder will spend 6 months in this post, under the Clinical Supervision of Dr Shakeel Islam. At the beginning of the placement you will take part in an induction programme which will introduce you to the workplace and the multidisciplinary team.

The SPLD support people with LD who have a clinical need, and serve a wide and diverse population across Luton and Bedfordshire, who range in Mild to Severe LD, mental and physical health needs.

Brief description / profile of Clinical Supervisor

Dr Shakeel Islam is a Consultant Psychiatrist in Intellectual Disability for Central Bedfordshire and lead Psychiatrist for Luton & Bedfordshire Adult Autism Service.

The team & service description

The team members come from multiple disciplines with individual expertise. The team consists of:

Psychiatrists including 3 locality Consultant psychiatrists for Luton, Bedford and Central Bedfordshire and 1 Intensive Support Team Consultant, 1 associate specialists, 1 Core Trainee, and 1 SHO Psychiatrist. There is a team of Clinical Psychologists, Art Therapists including Art, Drama, Music and Dance movement therapists, Speech and Language Therapist, Physiotherapy, Occupational Therapists, Sensory Impairment Nursing team and Health Facilitation Nursing team. We have the benefit of an admin team who support the SPLD with host of variable admin tasks.

The SPLD work together with local mental health services across the county, along with allied services including Local Authority Adult Learning Disability Services in Central Beds and Bedford and Community LD Team in Luton (social care), primary care services, and Commissioning to name a few.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The Core Trainee will undertake initial clinical assessments for patients with Learning Disabilities who are newly referred to the SPLD team. They will gain experience in assessing, formulating and managing patients with Learning Disabilities under the supervision of the Consultant. They will prescribe pharmacological and psychosocial treatments for the patients and consider holistic management of patient's care plan together with the MDT, making referrals to the SPLD MDT where appropriate.

For patients on psychotropic medication, regular mental state examinations should be conducted and any changes in medication and side effects documented in RIO progress notes and clinic letters communicated to the referrer and GP.

Trainees will share information appropriately with colleagues in the weekly Thursday multi-disciplinary team meeting. Whenever possible, and especially towards the end of the placement, trainees need to inform their patients of the ending of their relationship with them in a timely manner.

There is a great opportunity for trainees to develop their understanding of, and take part in Autism assessments within the Adult Autism Service, and feedback their assessment to their clinical supervisor and in the Autism weekly multi-disciplinary team meetings.

They will participate in the workplace-based assessment programme of the Psychiatry Specialty Training Curriculum and will discuss items of assessment with their clinical supervisor. Weekly clinical supervision is provided to support the trainee's development. The initial clinical supervision meeting will focus on developing an understanding of the trainee's strengths and highlight areas for development to inform the opportunities to focus on within the training post. The trainee's responsibilities will also inform their job plan, which will be developed after starting the post.

There is ample opportunity to be involved in Quality Improvement and audit projects during the placement, together with research.

If the trainee would like to learn more about the post, they are welcome to contact Dr Islam at the SPLD service on 01234 310 589, or email at shakeel.islam@nhs.net

CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

Full time trainee:

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	ASD assessment	Clinic-new assessment	QI/Audit 11:00 -13:00 Psychotherapy& Balint group	MDT meeting	Clinic- Reviews
PM	Admin	MRCPsych teaching- London	Local Academic Teaching	14:00 – 15:00 - supervision C/S Admin	Admin

Part time trainee:

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	N/A	Clinic-follow up	QI/Audit 11:00 -13:00 Psychotherapy& Balint group	MDT meeting	N/A
PM	N/A	Clinic-new assessment	Local Academic Teaching	2-3pm – Clinical Supervision Admin	N/A

Clinical Supervisor Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Admin	Clinic	Service development / Quality Improvement	MDT meeting	Clinic
PM	Community activities (CPA / Home visits / Professionals meetings)	Clinic	Local Academic Teaching	Adult Autism Service Team meeting Clinical supervision	Continuous Professional Development (CPD) activity