

Job Description

CT1-3 in General Adult Psychiatry

Clinical Supervisor: Mehraj Shah

Locality: Luton

Main Base: Onyx Ward

Team / Service:

Acute inpatient Service

Address / Contact details:

Onyx Ward

Calnwood Road

Luton LU4 0FB

Tel. 01582657545

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Introduction & Summary

This job description is for a core training post in General Adult Psychiatry working in an Inpatient Unit at/in Onyx ward. The CT trainee in Psychiatry placement is situated in the Onyx Ward Inpatient Unit (Luton) which consists of 20 Inpatient beds.

The post holder will spend six months in this post, under the Clinical Supervision of Dr Mehraj Shah.

During their placement the trainee will also be given opportunities to have a flavour of other subspecialties in psychiatry. The CT Trainee can also, with Dr Shah's agreement, spend sessions with the Crisis Resolution Home Treatment Team, Community Mental Health Teams, Older Adults' Psychiatry, Child and adolescent psychiatry, psychotherapy and Psychiatric Liaison Service. This will provide them with a broad experience of both psychiatry and should assist them when making their career choices for higher training.

We have an active academic programme with academic afternoons being held on three Wednesdays each month. There are opportunities to contribute to this by giving case presentations/ discussing journals. This provides a good opportunity for junior trainees to learn from complex clinical cases and scenarios they have experienced out of hours.

The trainee will be released to attend the MRCPsych training programme and other study leave opportunities organised by the EoE Deanery.

Trainee will have opportunity to offer teaching sessions both formal and informal to other juniors like GP trainees, foundation trainees and medical students.

Brief description / profile of Clinical Supervisor

Dr Shah is one of the senior consultants in the trust. Dr Shah is Lead ECT clinician for the Trust in Bedfordshire hence there is opportunity to get added experience in ECT and other neuro-modulatory therapies. Dr Shah is clinical and educational supervisor and CASC examiner for Royal college of Psychiatrists. CT trainees will benefit from his examiner role in preparing for their CASC examination.

The team (including staffing) / service description

This placement offers a comprehensive understanding of the working of Mental Health services as a Multi-Disciplinary Team involving input from the Consultant Psychiatrist and supported by the Trained Psychiatric Nurses, Social Workers as well as Occupational Therapists and Clinical Psychologists. Onyx Ward hosts a mixture of trainees at any one time, including Specialist and Core Trainees in Psychiatry as well as GP Trainees and FY trainees.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The CT Trainee will be able to participate and observe the working of an Inpatient Unit involving Acute Psychiatric admissions, assessment, investigations, developing Care Plan and management. This placement gives exposure to safe prescribing and risk assessment for the management of Mental Health problems.

You will demonstrate appropriate knowledge base and capacity to apply sound clinical judgement and capacity to prioritise clinical need. Demonstrates ability in skills of history taking, examination (mental & physical) & synthesis of findings.

Demonstrates understanding of the principles of audit & research, including understanding the principles of research in psychiatry and evidence of interest and experience in teaching

You should communicate effectively & sensitively with others verbally & in writing at all times.

Capacity to listen & engage others in open/equal dialogue

You should have capacity to work cooperatively with others and demonstrate leadership when appropriate and capacity to work effectively in multi-professional & multi-agency teams

You will also demonstrate initiative & resilience to cope with setbacks & adapt to rapidly changing circumstances, capacity to deal with ambiguity & uncertainty in clinical life and seek help when appropriate and capacity to organise oneself & prioritise own work
You should demonstrate punctuality, preparation & self-discipline be able to keep effective records and demonstrate IT skills.

General Duties

The type of work to expect and learning opportunities

The overall educational objectives of the training are to provide the trainee with the knowledge, skills and attitudes to be able to:

- Take a history and examine a patient's mental state
- Identify and synthesise mental health problems
- Learn principles of evidence based practice when recommending treatments in psychiatry, including the use of ECT.
- Keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, carers and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with mental health problems
- Educate patients and carers effectively
- Become life-long learners and teachers
- Identify and Manage risk effectively
- Develop an understanding about the Mental Health and Mental Capacity Acts.
- They will be given an hour of clinical supervision with the consultant each week.

Main duties of the placement

Clerking the Admissions to the Inpatient Unit involving a comprehensive History including, Diagnostic Formulation, Mental Status Examination and Risk Assessment

- Investigations including Blood Tests, ECG, Physical Examination
- Relevant Psychological formulation and Comprehensive care plan development

The trainee will also:

- Liaise with necessary agencies, including GPs
- Completed day to day medical jobs on the ward
- Participate in Consultant led Ward Rounds
- Complete Discharge Summaries
- Participate in the out of hours duty rota (see above)

Typical working pattern in this placement

Weekly

Consultant-led Ward rounds and Management rounds are conducted 4 Times a week

Daily Pattern:

This is high turnover unit and Trainees are required to complete and comprehensive clerking in of the patients.

-The day starts with the ward round on the Ward with specialty trainee and consultant.

-Trainees will then complete jobs appropriate to level of training following the ward round. This includes prescriptions, investigations as well as Physical Examination

Educational Activities:

Chair: Mark Lam

Chief Executive: Paul Calaminus

Trainees are supported to attend their Teaching as well as educational activities.

On Wednesday academic programmes takes place on centralised site at Wrest Park and the trainees will be encouraged to attend these.

One hour of individual supervision with consultant each week (excepting when trainee or consultant are on leave or on rest after on call).

CT1-3 Timetable

This is an example with fixed sessions negotiable on commencing post.

Monday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> • Management round: discuss all patients and their progress
	Break	
Monday - pm	Onyx Ward	<ul style="list-style-type: none"> • Clerk new patients • Follow up existing patients • Follow up on jobs • Complete discharge summaries or TTAs • Refer patients as required
Tuesday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> • Ward Round (half of patients) •
	Break	
Tuesday – pm*	Half Day Release course	MRCPsych training programme
Wednesday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> • Ward Round (half of patients)
	Break	
Wednesday – pm*	Wrest Park or Calnwood Court	<ul style="list-style-type: none"> • Weekly Academic programme
Thursday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> • Clerk new patients • Follow up existing patients • Follow up on jobs • Complete discharge summaries or TTAs • Refer patients as required
	Break	
Thursday – pm*	Onyx Ward	<ul style="list-style-type: none"> • Clerk new patients • Follow up existing patients • Follow up on jobs • Complete discharge summaries or TTAs • Refer patients as required
Friday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> • Management round: discuss all patients and their progress
	Break	
Friday - pm	Onyx Ward	<ul style="list-style-type: none"> • Clerk new patients • Follow up existing patients • Follow up on jobs • Complete discharge summaries or TTAs • Refer patients as required