

Falls Reduction

East London NHS

NHS Foundation Trust

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- 1. To reduce all falls by 20% by Sept 2015.
- 2. To reduce moderate to severe harm from falls by 20% by Sept 2015

Why is this important to service users and carers?

Falls represent an unnecessary extra harm to service users.

Our service users are often elderly with variable physical health, so falls present an especially heightened risk.

Driver diagram Secondary Drivers Aim **Primary Drivers** Staffing per shift; Skills mix on the Staffing ward; The use of 1:1s Ward systems Review daily activities; Therapy / and activities expert intervention Increase awareness of falls risks and by 20% by Communicate risk and raise June 2015. prevention among service users and Education & awareness at forums, staff meetings their families training Reduce falls Transfers and manual handling resulting in moderate to Clothing that fits inc. appropriate severe harm Furniture; Toilets; Rails/handles; by 20% by Physical Lighting; Doors; Corridors; Bedroom June 2015 environment Access to outside space Response times to falls Physical health needs e.g. hydration Identifying risk and continence Review medication factors and acting Individualised care planning and Communicate risks on them Identify risk takers adapting interventions Reviewing trends and learn from Reporting incidents and linking Using data reporting systems, Rio coding

Tests of Change

- Identifying those at risk of falling
- Falls risk re-assessment
- **Environmental interventions**
- Customised interventions for patients

Data



