

Life QI Code:

ENJOYING WORK – BEDFORDSHIRE WELLBEING SERVICE

Team Members: Toni Amos, Sharon Gugerly, Zoe Paton, Christina Labrum, Juliana Tanga, Christy Cherian

QI Coach: Steve Crane. QI Sponser: Ros Alban



YOU GOTTA
NOURISH
TO FLOURISH

PROJECT AIM

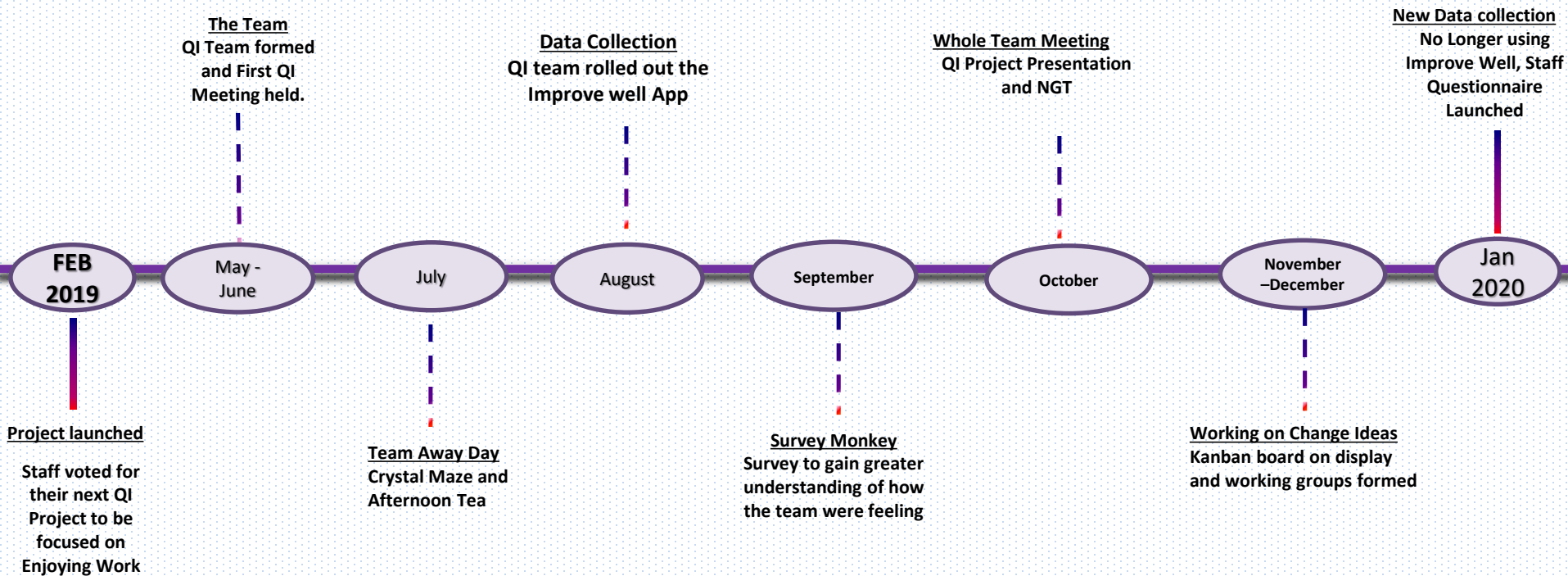
**To improve staff wellbeing and
increase enjoyment at work by
10% for staff working for the
Bedfordshire Wellbeing Service
by April 2020**

WHY THIS IS IMPORTANT TO SERVICE USERS AND CARERS?

This project is working to improve staff satisfaction and overall wellbeing in the work place.

This is really important to the quality of the service and the experiences of our patients and their carers.

PROJECT TIME LINE



WE COLLATED OUR IDEAS INTO DRIVERS FOR CHANGE

Areas that require Improvement

(Voted for by the Team)

- Working Environment
- Work load/Job Plan
- Communication
- Training

Themes :-

Office Environment

Recognition

Work/Life Balance

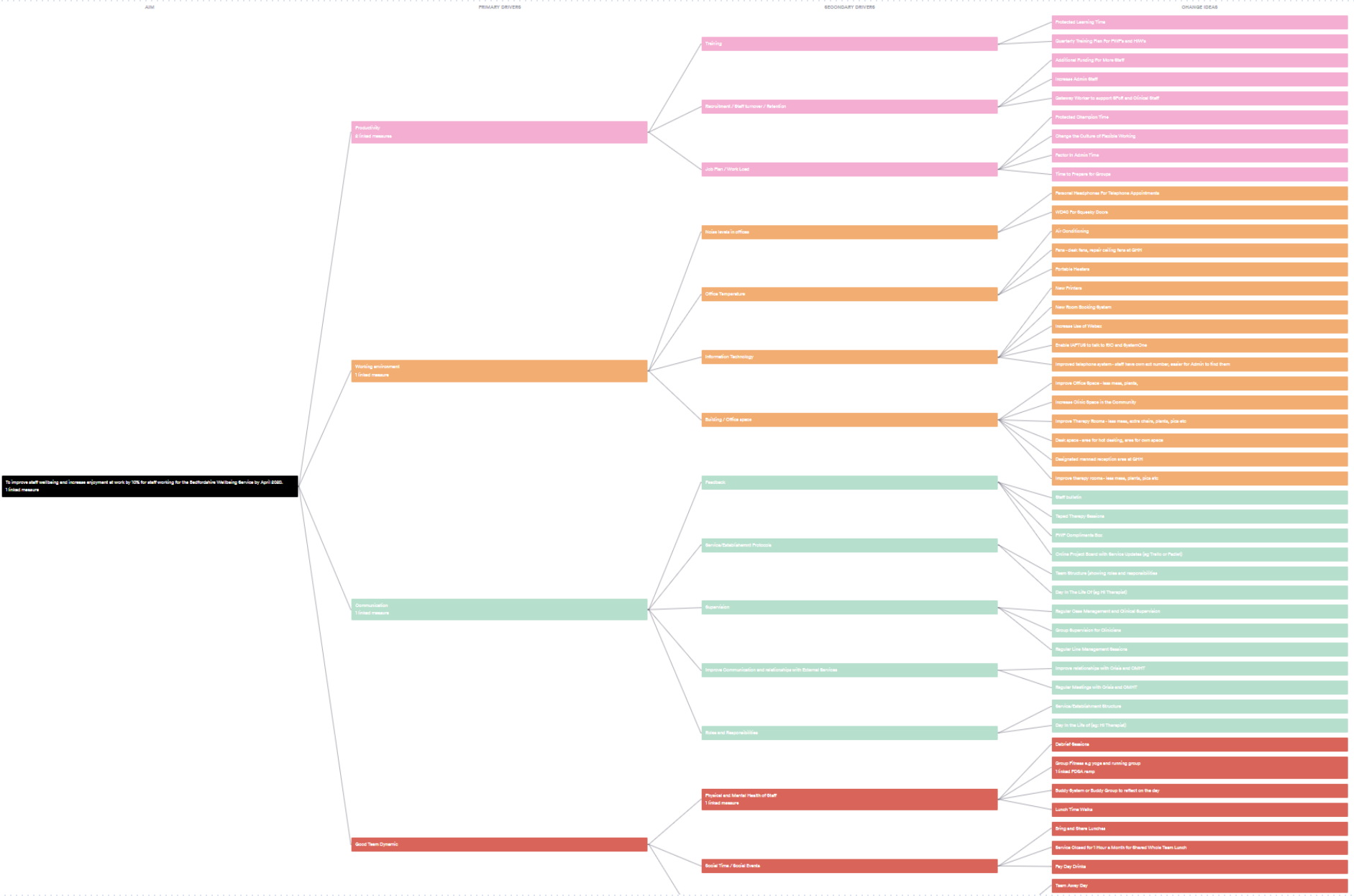
Training and Progression

Kindness

Wellbeing

Meaningful Work

DRIVER DIAGRAM



KEEPING TRACK OF OUR PROGRESS

Kanban board



Monthly Staff Bulletin

Bedfordshire Wellbeing Service
 Making a positive difference through Talking Therapies

July 2019 Staff Bulletin

Making a Positive Difference
Through Talking Therapies

really helpful techniques. found Stephanie incredibly supportive and reassuring

Really good group with Nick and nice way to explore and manage difficulties and share strategies and experiences

Sue has been truly amazing and the help she has given me. I am truly grateful for the support and techniques provided.

Shadreck has a very calming attractive manner. He really listened and made me feel accepted within the group

QI update

A big thank you to the team for getting involved with the QI exercise at the Whole team meeting for the Enjoying work project; it was a great success!

The information gathered is now up on the wall along with our Kanban board in the middle therapist room at GH. The Kanban board is there to:

- ⇒ Put your ideas forward
- ⇒ See what is in progress
- ⇒ See what is on the to do list
- ⇒ See what the team have completed so far

Following the nominal group technique, we now have 4 areas that the team would like to focus on and we are now looking to create a number of small working groups to help the QI team. Please write your name on the poster with the area you would like to work on. If you are based at WW then please email Toni or Sharon with the area before Thursday 21st November.

The 4 areas are:

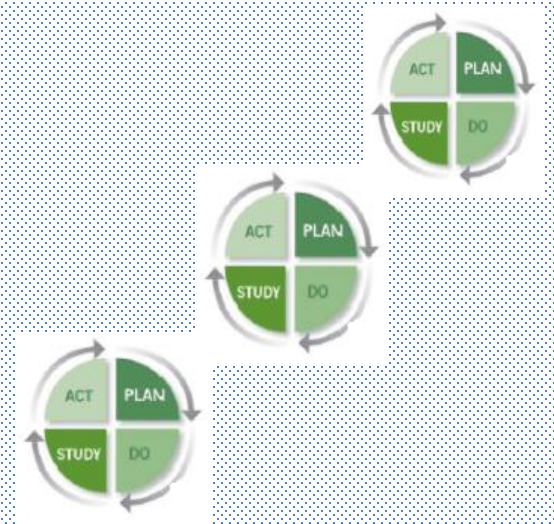
- ⇒ Communication
- ⇒ Work load/Job plan
- ⇒ Training
- ⇒ Working Environment

Don't worry if you missed the whole team meeting; you can still add your ideas onto the posters!



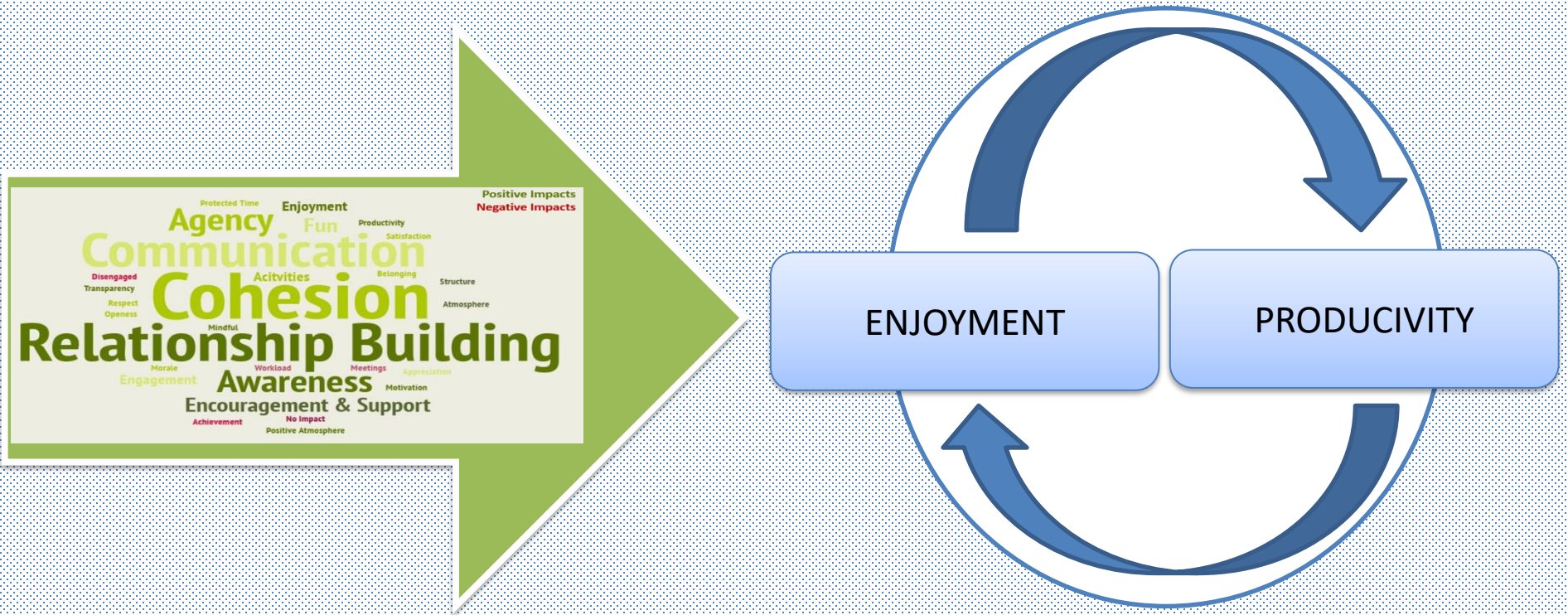
TESTS OF CHANGE

- Kanban Board
- Clarifying Team management Structures
- Quarterly Whole Team Meeting
- Bring and Share Lunches
- Buddy System
- PWP Compliments Box
- Staff Bulletin
- New Room Booking System
- Protect Champion Time
- Running Club



WHAT WE HAVE LEARNT SO FAR?

Working Together As a Team To Improve Enjoyment at work Boosts Staff Wellbeing and Moral at Work Creating a Positive Environment For Our Patients.



“COMMUNICATION IS KEY”

WHATS NEXT?

CH.....CH.....CH.....CH.....CHANGES

This is the beginning of changes within
Bedfordshire Wellbeing Service,
Our journey continues.....

