

'Reducing Re-Admissions under the MHA in Males of Black Ethnicity in EI Service' Olivier Andlauer (Lead), Kelly Gale (QI Coach) & Dean Hendersen (QI Sponsor)

Black Men Being Sectioned & Re-admitted under the MHA – The Perspective of their Family Members

Aim

To learn about the perspective of carers about why black men are being admitted and re-admitted to hospital under section of the MHA

Why is this important to service users and carers?

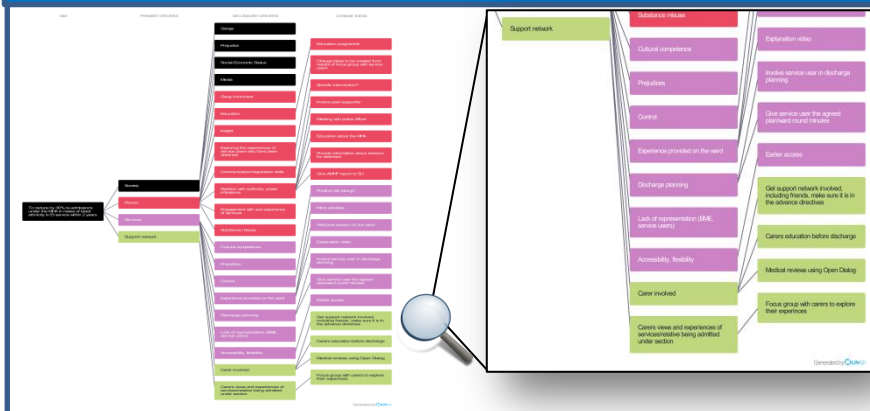
By speaking to carers, we were able to learn more about what was important to them

Tests of Change

Together with other focus groups and interviews completed by colleagues, this focus group aimed to shape change ideas in a way that was informed by the perspectives of patients and their carers.

Within the 3 focus groups, the 7 carers who attended gave their views on topics like barriers to accessing services, the process of being sectioned, their experiences at EQUIP, what leads to admissions and what can prevent admissions.

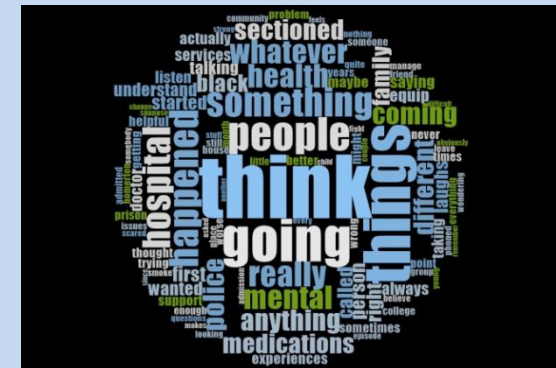
Driver diagram



Data

The data is still being analysed using thematic analysis, but initial themes include:

- Over-medication
- Not being listened to
- Black people being labelled as 'aggressive' or 'angry'
- Fearing the consequences of complaining
- Lack of communication from staff
- Not receiving help
- Things having to escalate to violence before help is provided



Learning and what next?

I'm still in the process of analysing the data, but the perspectives provided by carers will be used to create change ideas and help focus/prioritise current initial ideas on the driver diagram.

Sharing initial thoughts and findings with the team has initiated useful discussions about taboo subjects which might otherwise be avoided, such as that of institutional racism. Individually, it has made me think about how to better support patients together with their carers and to be more aware of the impact that issues related to race and discrimination can cumulatively have on the people I'm working with.



Tell us your story in a nutshell

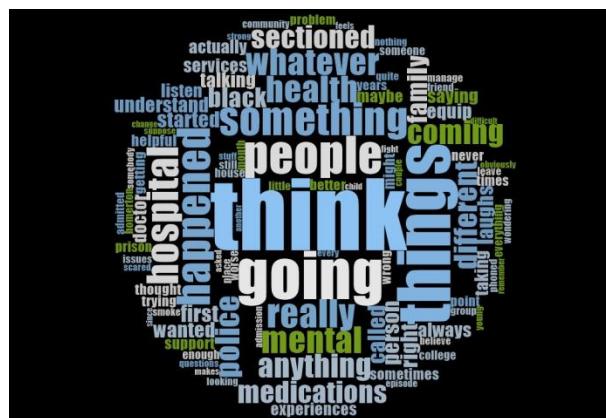


By conducting focus groups, we have been able to learn about the perspectives of carers of black men who have been sectioned about the context surrounding these admissions and re-admissions.

By identifying the themes that came up, we will be able to use this information to inform and focus the change ideas on the driver diagram. By sharing the findings with team members and in the Trust, we also hope to provide a voice to a group of people who do not always feel they have been listened to and stimulate discussion about taboo issues like institutional racism.

We hope that the findings will help inform staff about issues surrounding carer's experiences of sectioning under the MHA in the context of race. We also hope that this will lead to change ideas that will improve the experience of black men and their family members.

Next steps will involve completing the process of thematic analysis and sharing the findings with the team and to help the project move forward. We are also inviting those carers that attended to come to the fortnightly QI meetings, in order to provide more consistent and meaningful input from a carer's perspective on the project.



Please return your completed poster to elft.qi@nhs.net