



Enjoying Work at EPCT North West Team

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East London
NHS Foundation Trust

Project's Aim:

To improve staff satisfaction and well-being by 70% by March 2019 so that staff are better able to meet the needs of their service users.

"If we enjoy work, we do better work. if we do better work, we do best Patient Care..."

Why we started this QI project?

Shortage of staff and to reduce, dependency on agency, we reviewed our caseload & staff well being. NW community team has good team work and support. How can we enhance staff support and wellbeing which impacts directly on patient care...

What have we learnt so far?

Our all staff work in community- when they return to base we try to minimise their stress by looking at ways to help them to relax and enjoy the work environment e.g. Tai chi, stretching exercise, having lunch together.

"Remember communication is key"

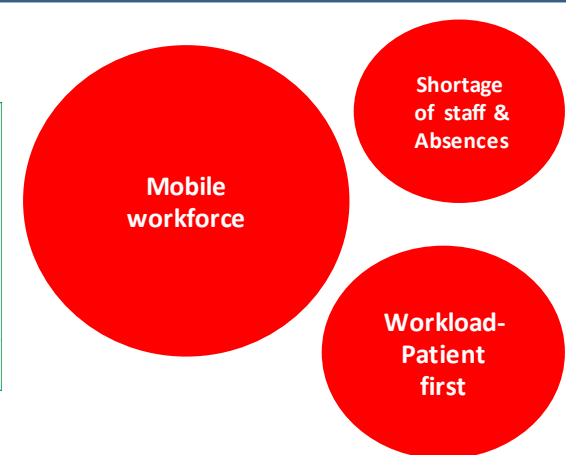
What advice could you share with others who are starting a QI?

- Try different communication methods to engage the team in the project i.e. virtual
- Know who to go to for help - QI adviser, QI team and sponsor
- Always think about service user/carer involvement

What are the main factors that help drive this project forward?



What are the challenges that could hinder progress of this project?



Outcome Measure: % of people who selected mostly Yes (Number of people who had a good day divided by the total responses that day)

