

# Increasing Smoking Cessation referrals within EQUIP

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## Aim

To increase the percentage of smokers on the caseload who have been referred to smoking cessation by EQUIP to 15% by 6 monthss your aim, and why was this important to work on

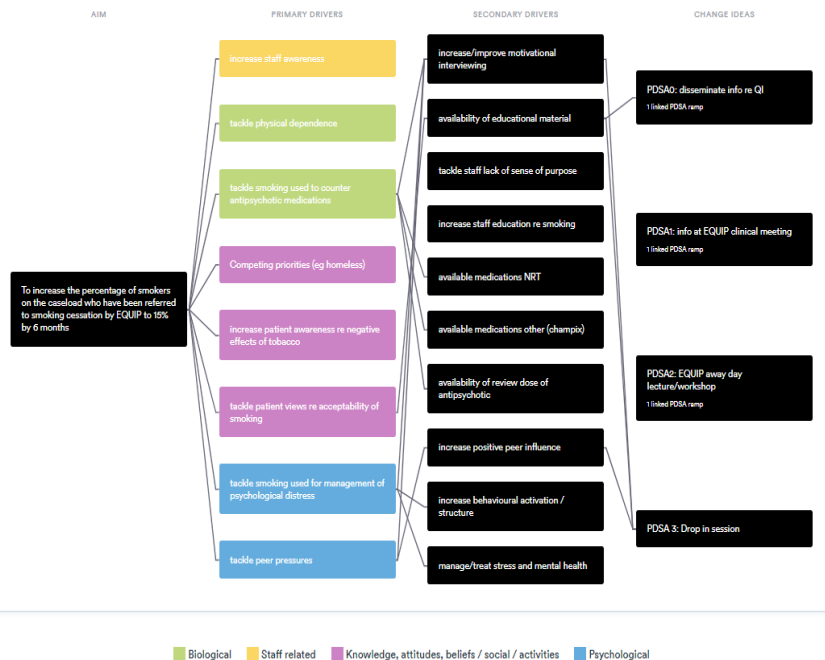
## Why is this important to service users and carers?

People with mental health problems are twice as likely to smoke compared to the general population. They also die 10 to 20 years earlier. They are as likely to want to quit smoking as the general population. Smoking cessation will result in a significant reduction in their morbidity and mortality in terms of their health outcomes.

## Tests of Change

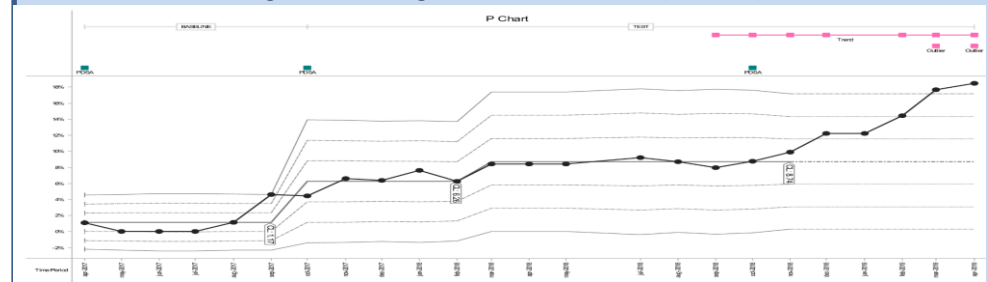
- 1) Measuring referrals and informing team
- 2) Developing a Referrals pathway session
- 3) Away day training on referrals

## Driver diagram



## Data

### Cumulative Percentage of smoking cessation referrals (P Chart) Outcome Measure



### Percentage of current smokers having a cessation discussion in prior 6 months (Process Measure)

