

East London NHS Foundation Trust

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Aim

We will complete assessment, allocate a Care Coordinator and initiate NICE concordant treatment for 95% of patients referred with first episode psychosis within 14 days of referral receipt by April 2016.



What are we testing?

- 1. Review and allocate for assessment on daily basis and make contact with patient by phone if possible on day of referral.
- 2. For psychologists to be part of the assessment.
- 3. To view daily DSN report to pick up referrals from the wards
- 4. To allocate specific clinic slots each day so team doctors can be part of first assessment.
- 5. Brief risk assessment & care plan with full CPA completed within 3 months

Why is this important to service users and carers?

It is well evidenced that long duration of untreated psychosis has a negative impact on prognosis and quality of life. It is essential to engage patients and carers as early as possible in the process of their recovery and provide evidence based interventions to promote their recovery. The CCG have invested in additional resources for THEIS to meet a waiting time from referral to the commencement of treatment (RTT) to 2 weeks for 95% of patients.

Driver diagram

AIM PRIMARY DRIVERS SECONDARY DRIVERS **CHANGE IDEAS** Contact CMHTs to to be faxed asap Referrals in referrals can come directly to THEIS Review referrals and illocate for assessment or We will complete daily basis assessment and initiate treatment by phone where possible on day of referral for 50% of patients referred Arrange MDT assessment with patient involving whole assessment team with first episode psychosis within 14 days of referral receipt by April 2016 Start treatment Patient and care Regular pt and carer focus groups

Outcome measures

Measures

- 1. Time between referral received and first face to face contact made
 - 2. Time between referral and care coordinator allocated
 - 3. Patient satisfaction

Why did you choose those measures?

These are the timeframe measurements required for new standards
We are always keen to improve patient experience

Learning

- 1. We have been able to take a much more responsive approach to referrals and get more people seen quickly
 - 2. Importance of working with informatics to make sure RiO captures the correct data
 - 3. Effective communication within and outside the team is essential to us meeting our aim
 - 4. Psychology input has supported a more holistic approach