

Reducing incidents of pressure ulcers.

East London NHS Foundation Trust

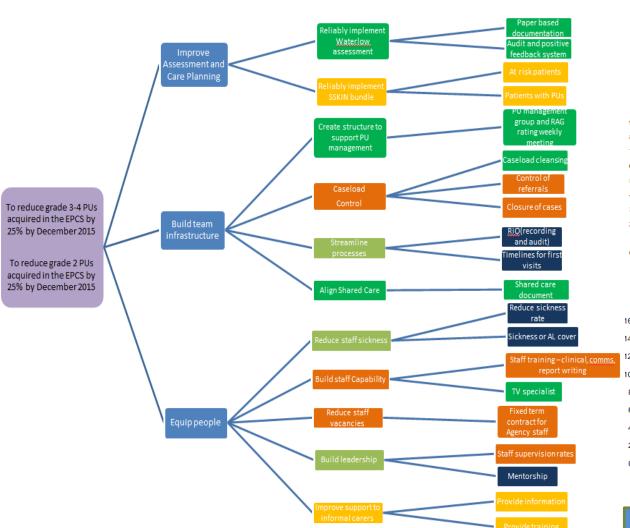
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Aim

- To reduce grade 3-4 PUs acquired in the EPCS by 25% by December 2015.
- To reduce grade 2 PUs acquired in the EPCS by 25% by December 2015.

Why is this important to service users and carers?

Pressure ulcers within the community has been a major challenge both in managing and prevention. This causes a major cause of stress and distress for patients. this results in a better quality life for patients cared for within the community.



What are we testing?

Ascertain that completing water low scores on all newly referred patients and putting a SSKIN Bundle in place will reduce the incidence of pressure ulcers amongst house bound patients.

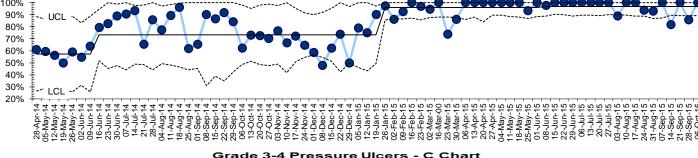
Outcome measures

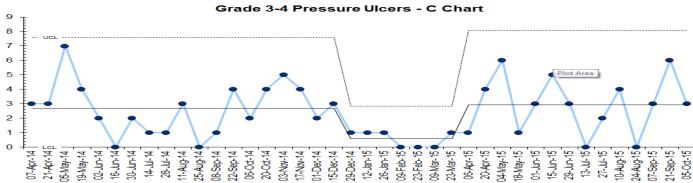
<u>Measures:</u> No of water low assessment completed for all new patient; No of SSKIN Bundle care plans completed for all patients with water low scores above 10.

Why did you choose those measures?

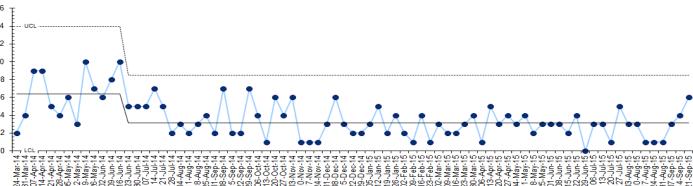
To effectively prevent pressure ulcer, patients at risks needs to be identified, usually through a water low score and a preventative care plan needs to be put in place (SSKIN Bundle)

Overall Waterlow Completion Rate in EPCT - P Chart





Grade 2 Pressure Ulcers - C Chart



Learning

A reduction in pressure ulcers has been observed, this has led to change in clinical practice as all MDT members have been trained to complete a water score assessment and identify patients at risk of a developing pressure ulcers.

This is now embedded in practice.